

Wowen Paper Heart Template



POLKA & BLOOM

Carina Envoldsen-Harris

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How to make the woven paper hearts

Materials you will need:

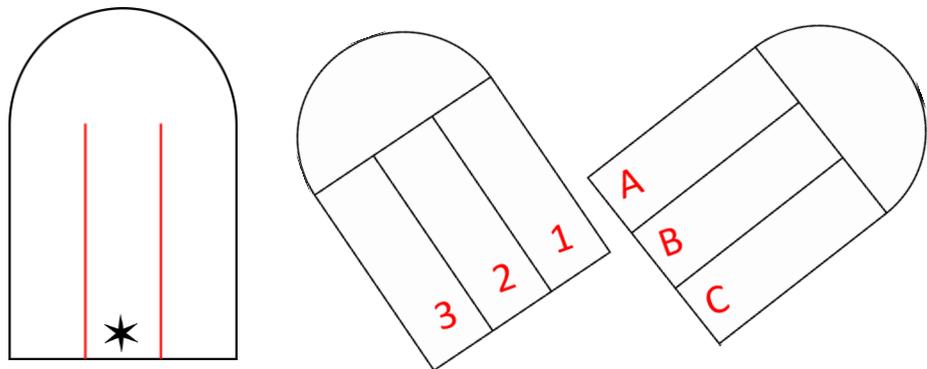
Paper in different colours/patterns. It is best to use the same type/weight of paper for each half of a heart. I like using gift wrapping paper but it can be a bit fiddly and prone to tearing if you're not careful.

Scissors

Pen or pencil

Glue stick

Template



If you are planning on using paper that is a bit fragile, you may want to make a test heart using printer paper, to get a feel for how to make it.

(1) Make the template: cut out the template and cut along the parallel red lines.

(2) Take a piece of paper that is twice the height of a heart template. Fold the paper piece in half.

Place the straight short edge of the template on the fold (marked with a star on the example above).

Draw around the template and along the cuts in the template.

Cut around the shape and along the parallel lines.

Repeat (2) to make another shape from a different colour paper.

(3) Take your two heart halves so you are holding them approximately at a 90 degree angle to each other. For now you will only be working with the A strip on the right half.

Slide A over 1, then slide A through 2 and then slide it over 3.

(If the heart has more than 3 strips then you simply continue the under-over pattern until you reach the last strip on the left.)

Next you will do the same with B but this time you start by sliding it through 1, then slide it over 2 and then slide it through 3.

For C you first slide it over 1, then slide C through 2 and finally slide C over 3.

(Again, if the hearts has more than 3 strips, continue the pattern of starting with alternating over-under.)

If you want, you can add a hanging paper strip to the heart. They can be any width and length that you like. I have included templates for strips that have the same thickness as the different hearts.

To make the hanging loops, fold paper in half so it will fit the loop template (if using). Place the template on the paper so that the glue section is pointing away from the folded edge.

You can see a tutorial with photos on my blog:

<https://www.carinascraftblog.com/2021/12/15/woven-paper-heart-tutorial.html>

Stay in touch!

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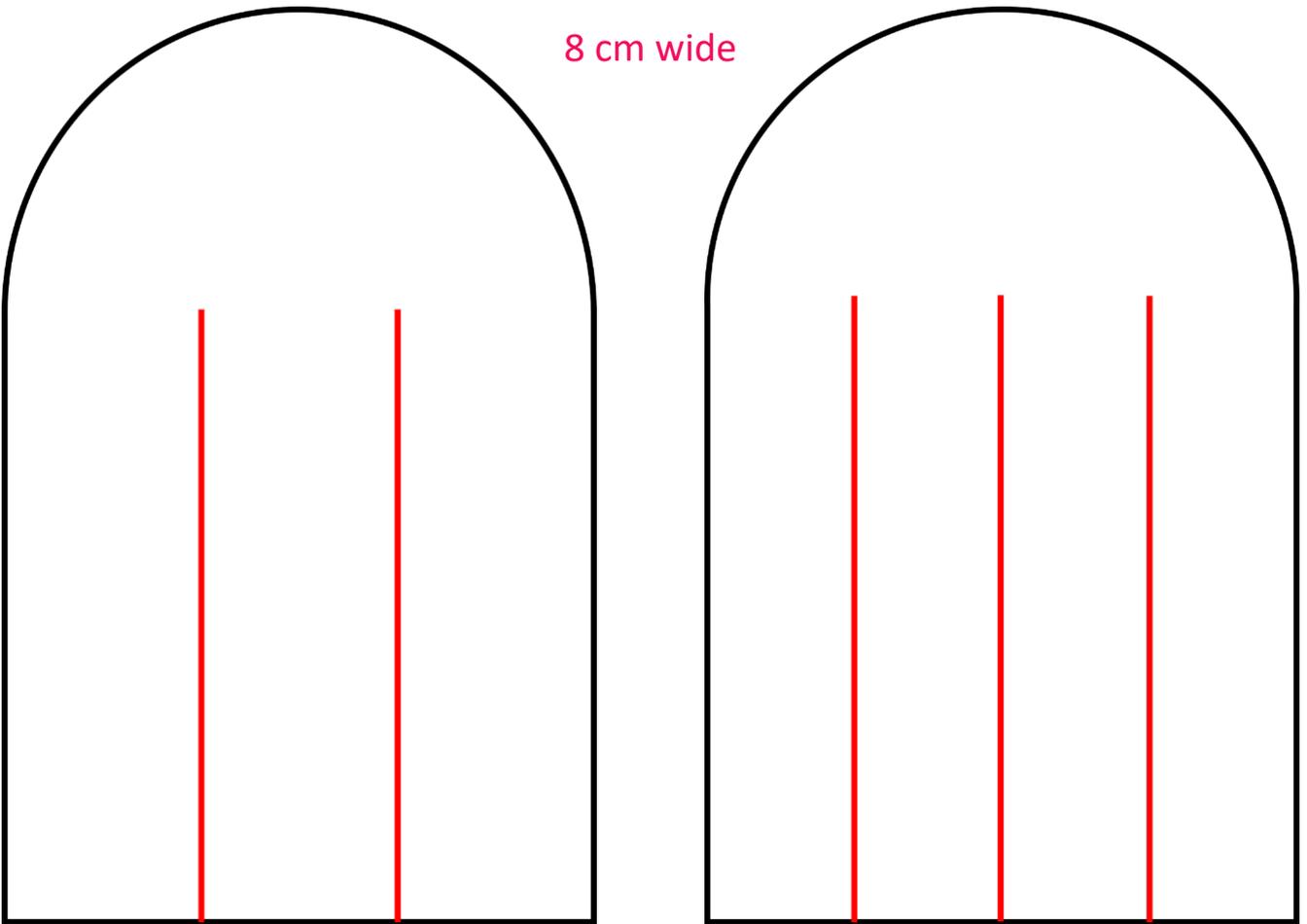
Instagram: [instagram.com/carinacraftblog](https://www.instagram.com/carinacraftblog)

Enjoy!

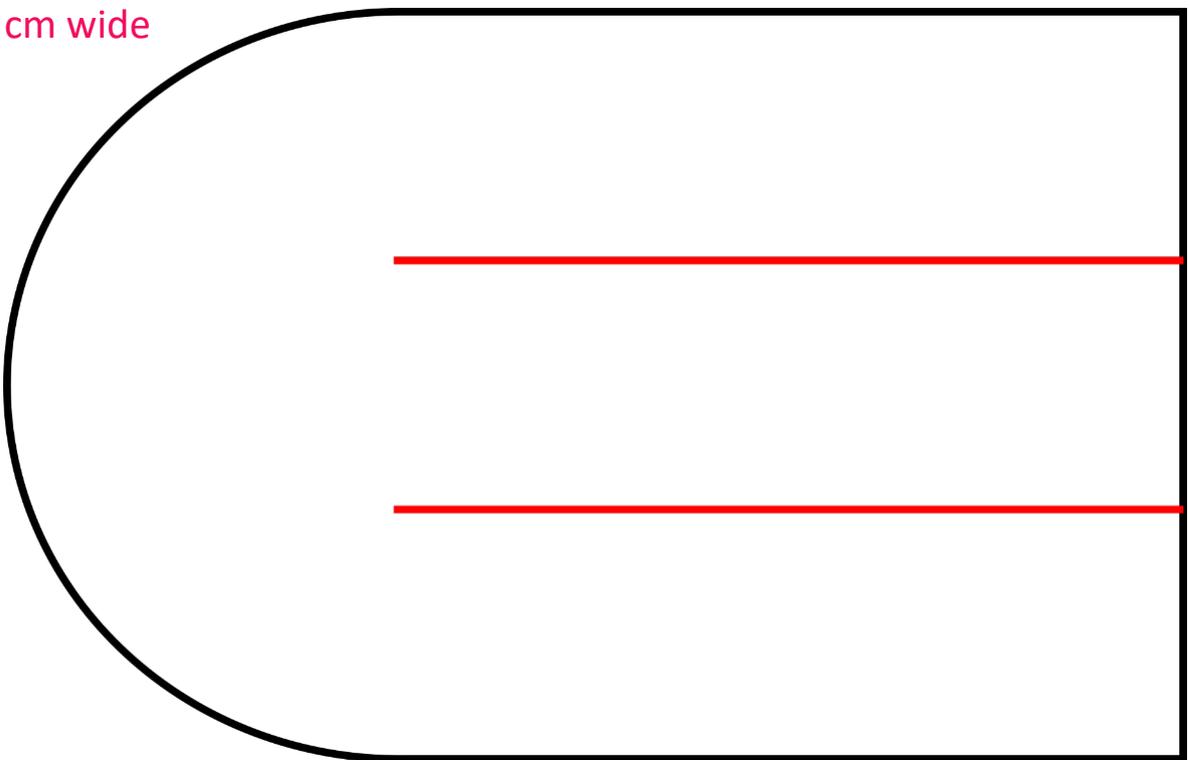
Carina xo

If you share your makes on Instagram please tag me @carinacraftblog I'd love to see your hearts!

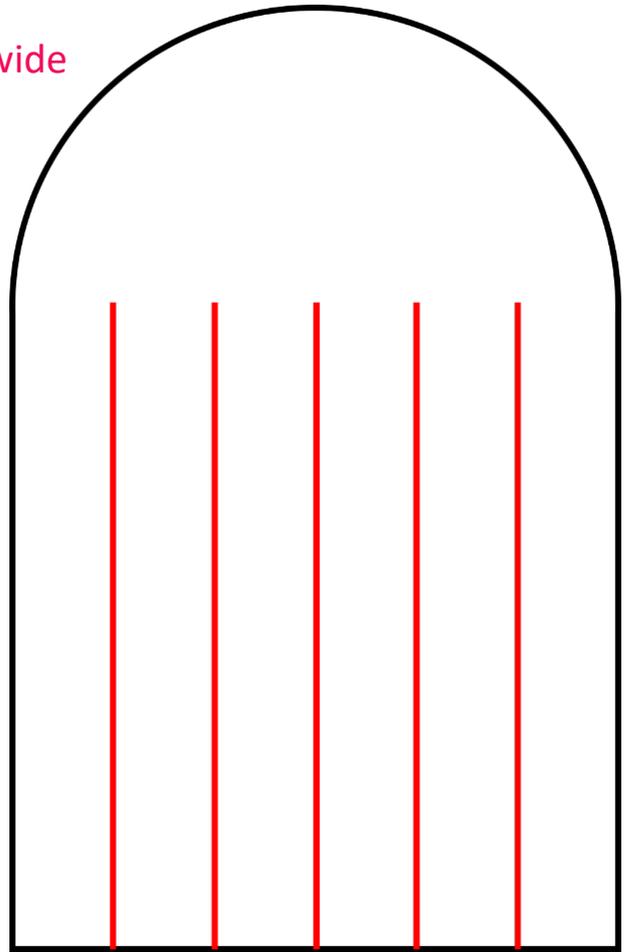
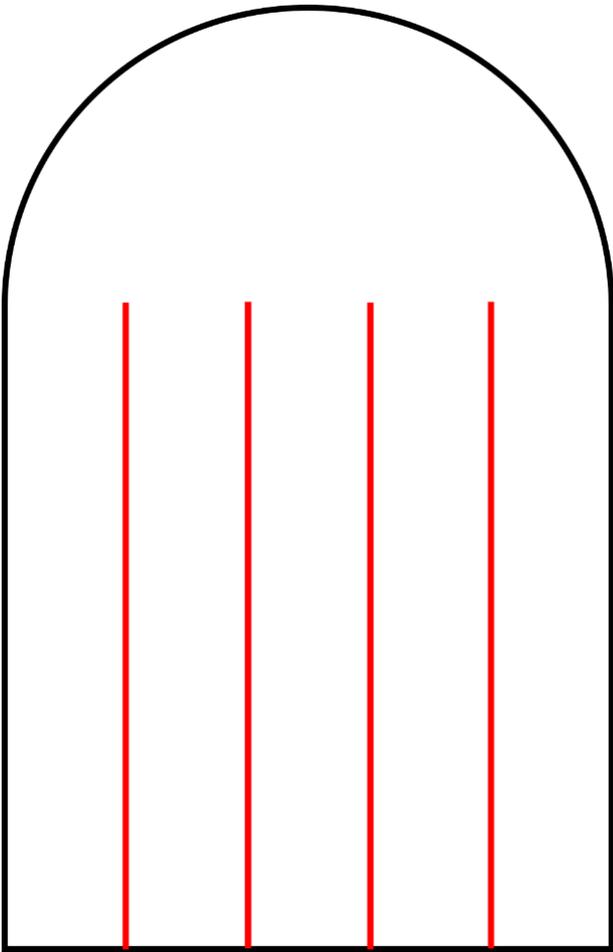
8 cm wide



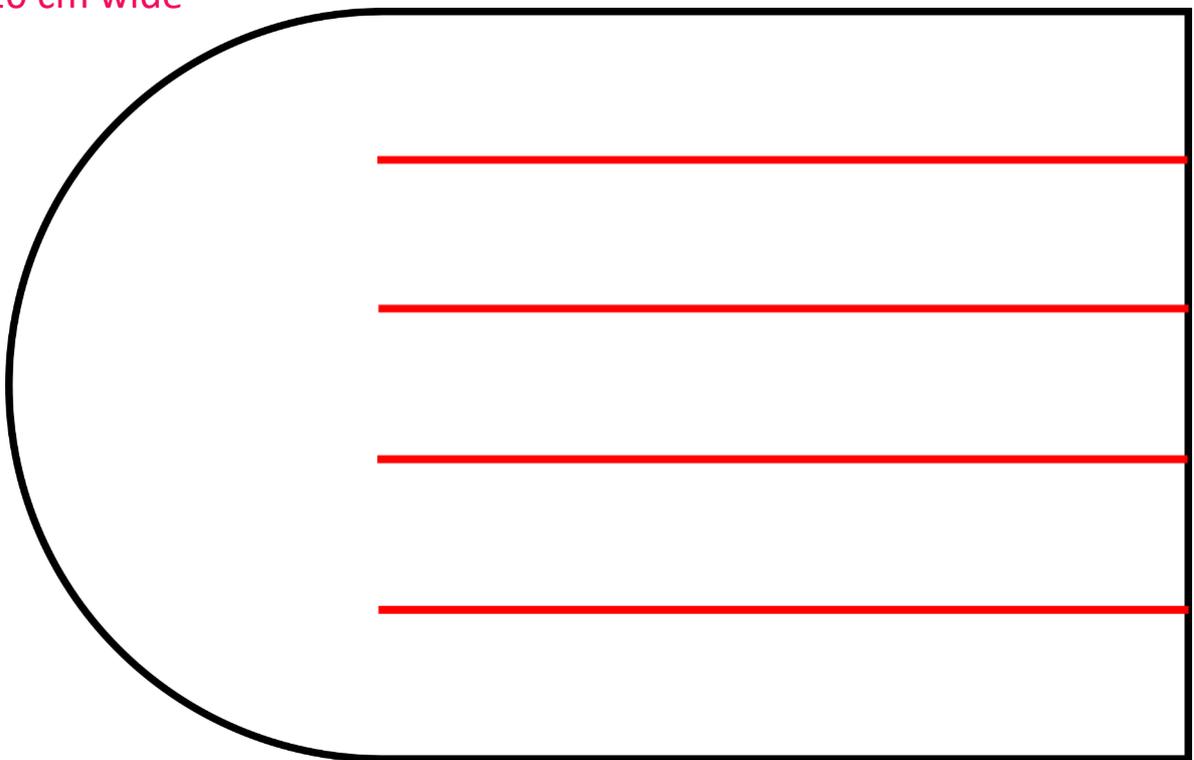
10 cm wide

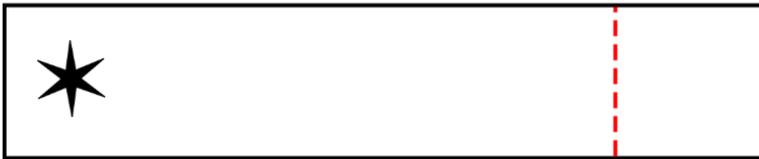


8 cm wide



10 cm wide





8 cm wide hearts



10 cm wide hearts



Hanging strips

Place the end with the star on the fold of the paper.

The other end will be glued to the heart. Use the dashed line as a guide. The dashed line should be just inside the heart.

Note that the glue should go on the right side of the paper loop so that it will glue onto the heart and not onto itself. ;-)